



Welcome to our Testimonial Page
Hear what people are saying about the Sweet & Savory Sophistication of Fat & Healthy

“From now on YOU ARE the “Cake Queen”

Gayle Rubenstein, VP- Event Designer, Luxe Arrangements

While visiting Atlanta, I had the pleasure of tasting a variety of Fat & Healthy delicacies. The food was phenomenal, from the Spinach Dip to the Bourbon Chocolate Chip Pecan pie, every morsel was outstanding. Makes me want to move to Atlanta. Kudos to you and your staff. -
Rhonda Patillo, Loreal, New York , NY

Fat & Healthy is the caterer of choice for all of our events, both large and small. Whether we're showing customers appreciation, holiday parties or simply a team luncheon, Judi's team delivers the most scrumptious and exquisite cuisine available! **Lisa Claiborne, Sprint, Atlanta, Georgia**

I was initially introduced to Fat & Healthy through my fiancé and was totally unaware of the magnitude of their product and services. My favorite cake is coconut and I tasted Judi's and was blown away by the taste and the quality. So much so, that I never had an opportunity to find out what other items Fat & Healthy offered. Having only tasted the Coconut Cake, I told my fiancé that Fat & Healthy will be the chosen caterer for our wedding. The funny part is, we never planned to have a caterer. But that's how much I believe in the owner and the quality is unprecedented.-**Julius Haywood, The Haywood Group, Pittsburgh, PA**

I have had several of Fat & Healthy's desserts and my favorite is the "Brownie Turtle Cheesecake." Don't get me wrong they are all GREAT, but that Cheesecake is OUT of this world. A must have! **Darryn Ray, Center for Disease Control (CDC), Atlanta, Georgia**

I have been a Fat & Healthy customer for over two years. The quality and freshness of product continues to surpass all decadent expectations. Disappointment will never be a concern whether indulging in the Fat or the Healthy! - **Ebony Bryant, Atlanta, GA**



We have so many events from, product launches, sales meetings to birthday celebrations and we trust them to Fat & Healthy. Fat & Healthy has done full-service catering for us as well as the most decadent desserts for our employees. Amtico has come to value their service, professionalism and the wonderful tasting food. Among my favorites is the Chocolate Indulgence Cake. I have never been a fan of chocolate cake, but this particular cake is heavenly, highly recommended. We not only recommend Fat & Healthy but they will continue to be our source for delicious and delectable treats! -**G. Johnson, Amtico International, Atlanta, Georgia**

“Judi, I had to send you a note to let you know just how pleased we were with the Italian Crème Cake. It was mouthwatering and when delivered it looked exactly like the picture on your website. My delivery was scheduled for 10:00 a.m. and my order arrived a few minutes before 10. The presentation was beautiful and the follow-up phone call to ensure satisfaction made me feel so special. I was so impressed!” — **Wanda Kiser, President, Advantage Career Services, Atlanta, Georgia**

Fat and Healthy's desserts are the best. The first time I ordered the Brownie Turtle Cheesecake I did not know what to expect, but once I had a taste I was sold. This is the best cheesecake I've ever had. I will recommend this company again and again.-
Sandi Spells, Sandi Spells Designs, Atlanta, Georgia

I consider myself blessed to have found Fat & Healthy as I have used their wonderful desserts personally and for business. As a Sales Coordinator, I have used the desserts that Fat & Healthy makes to send to customers as a show of appreciation for their business. We have also used the desserts to leverage our competitive advantage as an opportunity to meet with a new or existing client. After all, who but a truly caring sales rep would send something so delicious to their customers?

Personally, I have ordered desserts from Fat & Healthy for Thanksgiving, Christmas and family gatherings. When my husband and I renewed our vows, I could think of nothing more delicious than to have Fat & Healthy provide two delicious cakes for our wedding ceremony. My family still raves about how great those cakes were! I recommend that if you have not yet tried some of these delicious creations that you start today. After all, you'll soon be finding you need to host more parties as an excuse to try new desserts! -**Jenifer Beck, Sales Coordinator, Nextel/Sprint, Atlanta, GA**



I'm writing in appreciation to Judi Mason for her hard work and dedication in supplying accommodations for my actors as we travelled to Athens, Georgia to perform at the historic Morton Theater . Judi, as always, was both professional and well prepared to deal with our needs both on stage and off. The catering that Fat & Healthy provided was one less concern that I dealt

with as a frantic director. Judi took the lead on every detail to ensure everyone was fed and satisfied. The food was as delicious as it was filling.

Brava, Ms. Mason! I hope that God continues to bless and expand your company's efforts in bringing the finest of services and the freshest of foods to a discriminating public palate-
Eric Ayala, Ayala Productions, Atlanta, GA

The spinach dip is always a 'Hit' at my annual cookout. I usually have to order one for the guest and one for myself- **Lisa Calhoun, Stone Mountain, GA**

Fat & Healthy catered Rose Haven Ministries, Inc. 4th Annual Prayer Brunch in May 2008. The professional and artistic manner along with the delectable meal and desserts made this event fit for the kings and queens in which we served. It was magnificent! Thank you for a job well done. We look forward to working with Fat & Healthy again and again.- **Marschia Rose, Founder/President, Atlanta, GA**

Fat & Healthy has been our preferred caterer for several years now. The cast and I absolutely love the Spinach Dip and Cheesecake Mini's. The spinach dip is my personal favorite but when I bring the mini cheesecake to rehearsals, I actually get more from my actors on that particular night. That is how much we love the cheesecakes. I recommend Fat & Healthy to all my colleagues and so do my actors.

Gabrielle Johnson, Gabin Entertainment, Inc. Atlanta, GA

I love to eat but I'm also very conscious about maintaining a good physique. Why does it appear that ALL the good foods are so bad for you? Then I met Judi's Fat & Healthy and I've been in heaven ever since. Desserts that taste GOOD and are made with pure ingredients, now that's what I'm talking about! -**Dr. Alduan Tartt, "The People's Doc"**